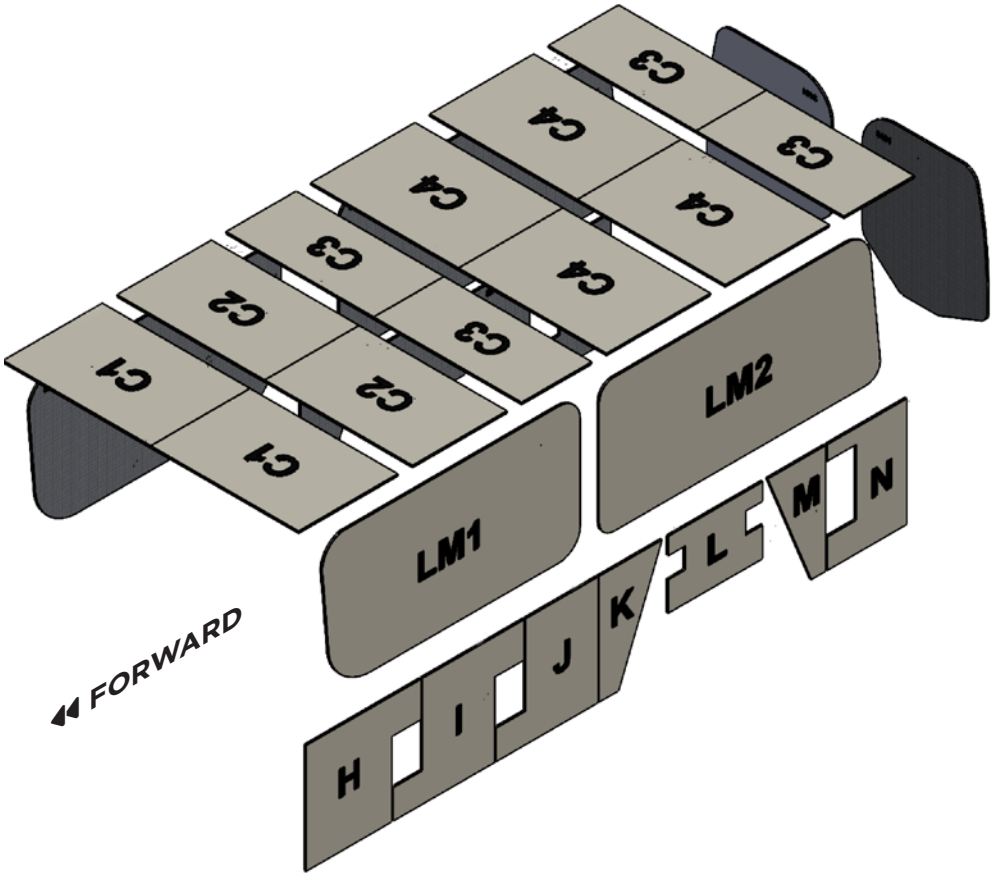
AUTOPLY™
AUTOMOTIVE INSULATION KITS

MADE IN USA

- Part numbers are printed on adhesive release paper.
- The release paper backing is pre-seamed for easy peel-and-stick application.
- Ensure surfaces are clean, dry, and free from dirt, dust, or loose residue to allow proper adhesion.
- This product can withstand installed temperatures of -40°F to 250°F.



LEFT (DRIVER) SIDE

NOTE: Flip sheet over to view opposite side.

Each part is labeled with a printed alphanumeric code that indicates its specific location and position on the vehicle.

C = ceiling
L = left side
R = right side
M = mid-section
B = bottom
RD = rear door

MERCEDES-BENZ SPRINTER

144 Low Roof

Model years: 2016 - present

PRE-CUT INSULATION KIT WITH SELF-ADHESIVE

KIT PART NUMBERS

3144VL, 3144VL-1, 3144VL-1D

CONTENTS

Ceiling, sides and doors.
29 pieces.

Note
Cutouts from the lower wall pieces are included. They fit inside the hollow wall structures and between each piece it was cut from.

Tip
Installing lower wall pieces: Use a spray bottle with 71–90% isopropyl alcohol to wet the adhesive and easily slide pieces around and behind wall structures. The adhesive will adhere to the surface once the alcohol evaporates.

Please visit our website for more tips and videos.

www.autoply.net
+1 (954) 799-3035
info@autoply.net

Guide 3144VL – Rev. 20260623

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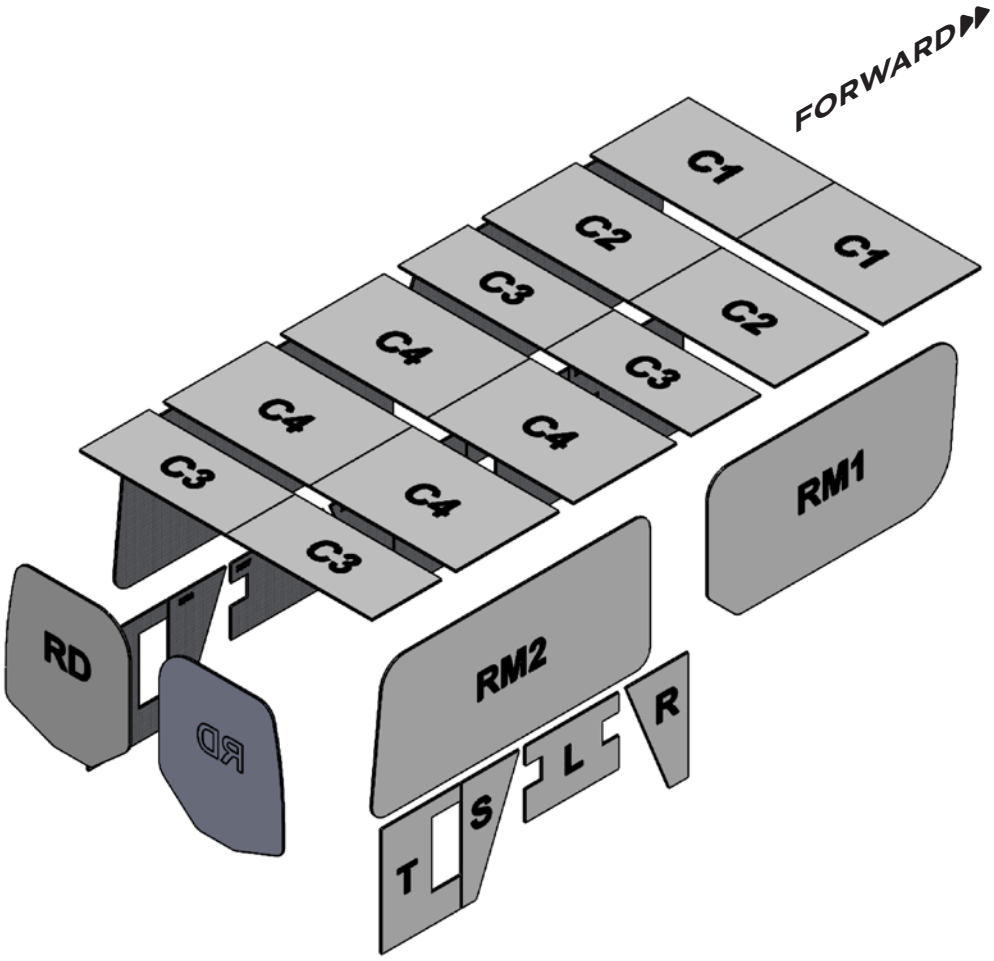

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RIGHT (PASSENGER) SIDE

NOTE: Flip sheet over to view opposite side.

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